

Children's Look While You Cook Contest

YOU COULD WIN 1 OF 5 \$200 LEGO STORE GIFT CARDS

To enter, fill out this entry form and send to:

- 1601 Van Horne Avenue East, Brandon MB, R7A 7K2, fax 204-726-6847 or email: firesafety@gov.mb.ca before Friday November 13, 2020.
- Enter the name of your school and your teacher, so they may win a special prize too!
- Contest only open to Manitoba residents.

Name: _____

Home Address: _____

City/Town: _____ Postal Code: _____

Phone: _____ Age: _____

Parent/Guardian: _____

Your School: _____

Your Teacher: _____

School Address: _____

City/Town: _____ Postal Code: _____

School Phone: _____

YOUR GRADE (select one): Kindergarden Grade 1

Grade 2 Grade 3 Grade 4

Skill Testing Question: Keep anything that can catch fire away from your _____.



Manitoba 



Sparky's "Bark"fait (Parfait)

This makes 4.

Ingredients:

- 2 cups vanilla yogurt (I used Greek yogurt)
- 2 cups your favourite granola
- 2 cups fresh berries (raspberries, blueberries, strawberries (sliced) or any other fruit you have like: bananas, peaches or mangos, peeled and sliced
- 4 tablespoons honey (optional)



Directions:

1. Line up 4 tall glasses, or whatever you would like to put your parfait in.
2. Spoon 2 tablespoons of yogurt into each glass.
3. Spoon 2 tablespoons of granola over the yogurt.
4. Then, add 2 tablespoons of fruit.
5. Keep repeating these steps until your glass is full. You can add a little bit of honey here and there, to taste.

Cinnamon-Sugar Chips

This makes 8 dozen.

Ingredients:

- 6 tablespoons unsalted butter, melted
- 1 tablespoon sugar
- ¾ teaspoon ground cinnamon
- 12 flour tortillas (10" in diameter)



Directions:

1. Preheat oven to 375°F.
2. Stir together butter, sugar, and cinnamon in a small bowl.
3. Brush tortillas with butter mixture
4. Using a butter knife, or a cookie cutter, cut each tortilla into 8 wedges.
5. Put wedges in a single layer on a baking sheet.
6. Bake until crispy (about 10 to 12 minutes). Make sure you let the chips cool on a wire rack before you eat them. Yum!

FIRE PREVENTION WEEK

October 4-10, 2020

SERVE UP

Fire Safety

IN THE KITCHEN!

2020 Poster Contest Winners



Amelia, Holy Ghost School, Grade 6



Laura, Wingham HB School, Grade 8



Claire, Mitchell Middle School, Grade 5



Lana, Mitchell Middle School, Grade 7

Manitoba 

Prevention Mad Lib

Today during school, a _____ came to our class to do a presentation on fire safety.

They taught us all kinds of things like if your clothes catch on fire you should _____, _____ and _____; you should _____ under smoke; and that matches are not toys.

After the presentation, we played _____ to see what we learned, and we met Sparky! It was lots of _____!

I can't wait to tell my _____ about what I have learned, such as how smoke alarms should have their _____ changed when we change the _____ on our clocks; and to only call the emergency number when there's real danger.

Fire safety saves lives and I'm _____ that I know fire safety!

Answer key
 Today during school, a **firefighter** came to our class to do a presentation on fire safety. They taught us all kinds of things like if your clothes catch on fire you should **stop, drop, and roll**; you should **crawl** under smoke; and that matches are not toys. After the presentation, we played **games** to see what we learned, and we met Sparky! It was a lot of **fun**! I can't wait to tell my **family** about what I have learned, such as how smoke alarms should have their **batteries** changed when we change the **time** on our clocks and to only call the emergency number when there's real danger. Fire safety saves lives and I'm **glad** that I know fire safety.

Fire Prevention Week Jokes

Why was the tomato red?

It saw the salad dressing!



What did the piece of corn say after he received a compliment?

"Awe, shucks!"

Why did the apple pie go to the dentist?

It needed a filling!

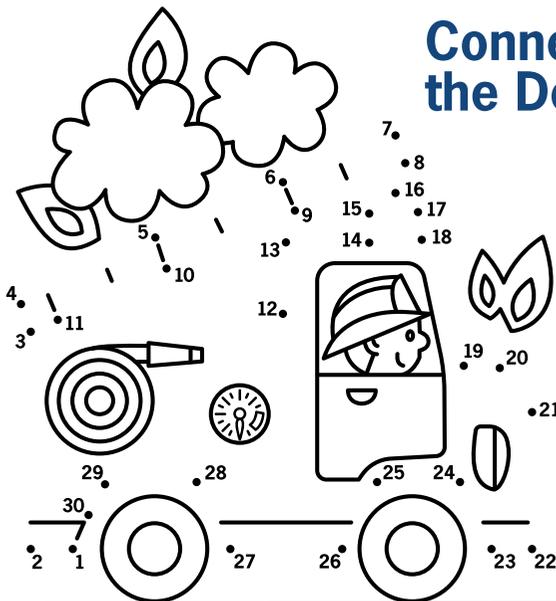


Why shouldn't you tell an egg a joke?

It'll crack up!

What do lousy chefs use to tell them when their food is cooked?

A smoke alarm!



Connect the Dots

Kitchen Fire Safety Tips

Never throw water on a grease fire, as it can explode and can make things worse.

Make sure pot handles are turned inwards.

If a fire starts in a microwave, turn it off, make sure the door is shut, and unplug it if you can.

If a fire starts in the oven, turn off the oven and close the door.

Test smoke alarms at least once a month using the test button.

Never go to sleep while cooking something.

Never leave things that are cooking unattended.

Look while you cook!

Keep a 1-metre (3-foot) area, free of kids and pets, around cooking spaces.

If someone is burned, run the burn under cool water for 20 minutes maximum. If the burn is severe, contact emergency services.